

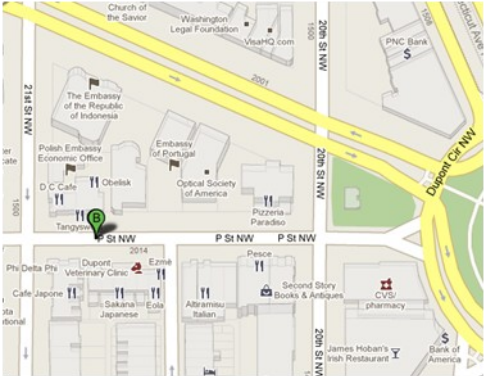
Panas specializes in all natural, gourmet empanadas; crescent-shaped turnovers, stuffed with a variety of well-seasoned meats, vegetables, spices, fruits, and sweets.

“Panas” is our unique abbreviation for the word empanadas. Coincidentally, “panas” means buddy or friend in several Latin American countries; befitting to our concept of creating an enjoyable environment to eat healthy with friends.



2029 P ST NW
Washington, DC 20036

202. 223.2964



We accept cash and all credit cards, except American Express.



eat in - carry out - delivery

2029 P ST NW
Washington, DC
20036

To order, contact
Phone: 202-223-2964
E-mail: order@panasgourmet.com

Choose from 14 savory and 3 sweet flavors, add one of our fresh side salads, our dripping sauces, and other sides, for a healthy, fun meal.

Meat empanadas Size approximately 2.5 oz

Carne (CA): Beef, green olives, Spanish peppers, hard boiled eggs, onions, and parsley.

Chipotle Steak (CS): Shredded sirloin steak, onions with spicy chipotle sauce.

Chicken Pesto (CP): Grilled chicken on a fresh pesto sauce, fresh tomatoes, and onions.

Chicken Melodía (CM): Grilled chicken thighs on a creamy, sauvignon blanc, mushroom sauce with onions and cilantro.

CubaNovo (CU): Roasted pork rilette with onions, cilantro, lime, and grand marnier.

Jamón y Queso (JQ): Ham, reggiano parmesano, mozzarella cheese, and herbs.

Pepe (PE): Pepperoni, mozzarella, and fresh tomatoes.

Veggie empanadas Size approximately 2.5 oz

Smoked Eggplant (SE): Smoked eggplant, roasted red peppers, mushrooms, tomatoes, mozzarella cheese, onions, hard boiled eggs, and spices.

Popeye (PY): Sautéed spinach and onions, golden raisins, cream, and goat cheese.

Tamal (TA): Corn, onions, farmer cheese, scallions, and roasted jalapeños.

BrieArt (BA): Brie cheese, mushrooms, and artichoke hearts.

Fiesta Cheese (FC): Swiss, mozzarella, and regiano parmesano cheeses with brandy-caramelized onions.

Seafood empanadas Size approximately 2.5 oz

Samba Shrimp (SS): Brazilian style, shrimp cooked in palm oil, shredded coconut, cilantro, onions, red and green peppers.

Tuna Ole (TO): Tuna, onions, hard boiled eggs, scallions, tomatoes, olive oil, and peppers.

Dripping Sauces

Salsa Verde (Mild): Cilantro, parsley, onion, and jalapeño sauce.

Ají (Spicy): Yellow hot chili pepper with mayo. Pairs well with veggie and cheese empanadas.

Chimi (Mild): Well seasoned sauce with garlic, oregano, parsley, and spices that is great for meat empanadas.

Pimentón (Spicy): Roasted red peppers and chipotles.

Salads

Primavera

Red pepper, corn, cilantro, and black beans.

Mixed Greens

Lettuce mix, soy sprouts, cucumbers, and feta cheese.

Criolla

Tomatoes, cilantro, and red onions.

Blanca

Radishes, red onions, cilantro, and feta cheese.

Quinoa

Quinoa, mushrooms, baby spinach, and dried cranberries.

Choice of Dressing: Balsamic or Lemonette

Sides

Plantain Chips:

All natural, gluten free.

Guacamole:

Fresh avocado with pico de gallo.

Drinks

Fountain Drinks

Small or Large

Bottled Beverages

Water
Fanta
Coke
Coke Zero
Sprite

Dessert Empanadas Size approximately 1.6 oz

Dulce De Leche

Creamy caramel-like.

Guava

Guava fruit.

Berry Cocoa

Sumptuously rich chocolate with a raspberry swirl.

Pricing

Empanadas: \$2.25 ea

Dripping Sauces: \$0.50

Salads: \$4.50

Plantain Chips: \$1.00

Guacamole: \$1.75

Dessert Empanadas: \$1.50 ea

Bottled Beverages: \$1.75

Large Fountain Drink: \$1.75

Small Fountain Drink: \$1.50

Combos

Combo 1: \$8.00

3 empanadas + regular soda

Combo 2: \$10.50

4 empanadas + guacamole + regular soda

Combo 3: \$11.50

6 empanadas + regular soda

Combo 4: \$11.50

3 empanadas + salad + regular soda

Combo 5: \$12.50

3 empanadas + salad + 2 dessert empanadas + regular soda

Combos include any assortment of empanadas, 2 dripping sauces, and all-natural plantain chips.

By the dozen

1-3 dozens: \$22.80 per dozen

4-8 dozens: \$22.20 per dozen

9-12 dozens: \$21.60 per dozen

Call us or email us to place an order!
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Open 7 days a week
Free Delivery Available